Distances based on Mira variables.

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 1999 King et al reported a nova in the galaxy IC 1613. (King et al. 1999, IAUC, 7287)

 The star were detected on our images taken on October 15, 1998 at SPM. Based on its IR colors, we suggested that the star is a Mira.

(Borissova, J. Georgiev, L. Kurtev, R., et al. 2001, RMA&A, 36, 151).



 Photometry of archival images confirms a variable with period of 641 days.





Kurtev, R. Georgiev, L. et al. 2002, A&A, 387, 449.

Mira variables

- AGB stars undergoing thermal pulses. The variability is caused by hydrodinamical instability. The pulsations stops in the minimum of the thermal pulse.
- Amplitude of variability is greater than 0.4 mag in K
- The amplitude increase toward the blue wavelengths.
- Periods between 100 and 1000 days.
- Masses ~ 1.8Msun, age ~ 1.8Gyr.

Why Miras

• They have a good Period-Luminosity relation which seems independent of the metalicity (Feast, 2008, astro-ph, 0806-3019).

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- The stars are bight and can be easylly detected at large distances.
- A star with period of ~400 days has Mk = -8.0. Assuming a detection limit of K=22 mag, the star can be detected at 4 Mpc allowing 2 mag for amplitude.

Why Miras

- Sampling rate.
 - Shorter period which can be extracted from the data is determined by the Nyquist frequency (minimum two sampling points per period). Periods of >100 days needs one sampling every ~50 days => roughly 30 measurements.
 - Issues with the precision of the periods.
- Other variable stars will need much denser sampling
 - RR Lyr have periods ~ 1 day => needs two observations per night
 - Cepheids with P \sim 20 days needs sampling every few days.

Can it be done?

Rejkuba, 2004, A&A, 413,903, "The distance to the giant elliptical galaxy NGC 5128"

- Giant eliptical galaxy at distance 28 mag.
- Data obtained with ISAAC camera on UT1 in 24 epoch covering about 1000 days.
- Measured stars with K < 22.5 in two 2.5 X 2.5 arcmin fields with ~0.15 arcsec/px at seeing 0.5 arcsec
- Detected about 50 long period variables
- The Miras in NGC5128 follow the same PL relation as those in LMC.
- Derived distance 27.98 ± 0.11 mag. = 4 ± 0.2 Mpc

Can it be done?

- Three Mira variables are detected in Phoenix galaxy
- At least 1 Mira in Leo I dwarf spheroidal galaxy.
- Observations with Japanese-South African 1.4m Infrared Facility (IRSF)

About IRSF (from their home page)

• We made and constructed the telescope at Sutherland, SAAO(South Africa Astronomical Observatory). We, mainly Z-Lab, planned a nearinfrared survey observation in Southern hemisphere region. So we developed SIRIUS(Simultaneous-3color InfraRed Imager for Unbiased Survey) and the telescope for the survey. We made the telescope collaboration with Nisimura telescope company. We started the construction on November in 1999, and got the firstlight at Sutherland on Sep 27, 2000. And we got the firstlight with using the telescope and SIRIUS on Nov 27, 2000.

Possible observational strategy

- The K band is necessary
 - It is nice (Cruz-González, I, 2008, this workshop)
 - The Period-Luminosity relation is defined in this band. The PL in other bands is noisier
 - The K-band Cepheid PL is less sensitive to the metalicity.
- After the first scan of the sky, all resolved galaxies are selected and visited again every 20-40 days.
- All variable stars with amplitude bigger than 0.4 mag in K and with J-H, H-K colors corresponding to Miras are selected
- The stars with good periods and light curves close to sinosoidal are used as distance indicators.

Expected results

- A 3D map of the local universe (with in 4 Mpc) made with the same yard stick.
- Check of the PL relation at different environments.
- Check of the maximal period of the Long Period Variables (LPV) => consequences for the evolutionary theories of AGB.
- Deep photometry of the host galaxy and the surrounding field. The sum of the visits will give 3-5 times improvement of the S/N => discovery of faint quasars?